


| | |
|---|---|
|  <p>Brent</p> | <p>Health and Wellbeing Board 18 November 2014</p> <p>Report from the Director of Public Health</p> |
| For discussion | Wards affected: ALL |
| <p>Annual report of the Director of Public Health for Brent 2014</p> | |

1.0 Summary

- 1.1 The attached report considers the health of the people in Brent. It outlines the major causes of mortality and morbidity as well as describing health related behaviours in Brent. It contains a number of examples of how the Council and local people are responding to the health challenges in the borough.
- 1.2 The published report will be professionally designed and include the addition of photographic images.

2.0 Recommendation

- 2.1 The Health and Wellbeing Board is asked to receive the Annual Report of the Director of Public Health prior to publication. The Health and Wellbeing Board may wish to review its forward plan in the light of the Report.

3.0 Detail

- 3.1 The report considers:
 - The population of Brent
 - Health and wellbeing in Brent
 - Health related behaviour in Brent
- 3.2 The report notes the growth in the population of Brent and highlighting changes in the very young and very old age groups. The 0-4 years age group increased by thirty eight per cent between 2001 and 2011 while the 85 year and over age group is expected to grow by seventy two per cent by 2022.
- 3.3 The ethnic diversity of Brent's population is highlighted with examples of the opportunities for health this presents, high rates of breastfeeding, and challenges, notably high rates of tuberculosis in the Borough.

- 3.4 The section on health and wellbeing in Brent emphasises the association between deprivation and health, highlighting the difference in life expectancy in Brent of over five years for men and almost four years for women when comparing the least and most deprived areas.
- 3.5 When asked to describe their own health, people in Brent are positive with eighty one percent describing it as good or very good.
- 3.6 Premature mortality is defined as death before the age of 75 years. The main causes of premature mortality are cancer, cardiovascular disease (heart disease and stroke) and respiratory disease.
- 3.7 The report highlights the potential for Health Checks which the Council commission from GPs to prevent a range of diseases including heart disease and some forms of dementia.
- 3.8 Some particular health concerns for Brent are covered in the report. In particular the projected increases in the numbers of people with dementia, the high rates of sexually transmitted infection and HIV, childhood and adult obesity, diabetes and poor children's oral health. While rates of diabetes are high and projected to increase, the report notes that people with diabetes in Brent are less likely to suffer complications from the disease than people with diabetes elsewhere.
- 3.9 The health related behaviour section considers a number of behaviours which are detrimental to health and where too many people in Brent are making unhealthy choices, namely: tobacco use, drug and alcohol misuse, poor diet and physical inactivity. For each behaviour, an example of how the Council is working with local people to support positive choices or make negative choices less easy.

4.0 Financial Implications

None.

5.0 Legal Implications

- 5.1 The production and publication of the report is required under Section 31(5) and (6) of the Health and Social Care Act 2012.

6.0 Diversity implications

- 6.1 The influence of socio-economic and ethnic diversity on health is covered in the report.

Director

Dr Melanie Smith

Director of Public Health

Assistant Chief Executive's Office

Melanie.smith@brent.gov.uk